

CHICKEN SOUP FOR THE BUSY COORDINATOR

NOVEMBER 2024

Best Practices to Ensure Timely Submission to IRB for Study Continuing Review

Scenario:

Professor X is the PI of protocol Lemon that was approved by NHG DSRB. Just prior to the study's IRB approval expiry, the PI submitted the Study Status Report (SSR) late (less than 1 month) to the DSRB for continuing review. The study's ethics approval was not able to be renewed on time and lapsed. As a consequence, all research activities (e.g. recruitment, intervention & data collection), had to be halted until DSRB's continuing review approval was obtained.

To prevent such cases from happening in the future, what should Professor X / PIs of studies do?

The Institution's Research Office advised the PI the following best practices and tips when **Submitting Study Status Report (SSR) to the IRB for continuing review**:

Who?	The PI is responsible for the submission of the SSR for continuing review by the approving IRB well before the expiration date, allowing ample time for IRB's review and approval.
What?	The SSR Form includes the following information on the progress of the study (<u>but not limited</u>): <ul style="list-style-type: none">▪ Patient enrollment numbers and breakdown by gender▪ Description of language and type of participant enrolled▪ Informed Consent procedure and documentation▪ Informed Consent Form used▪ Any UPIRTSO events▪ DSRM and interim reports
When & Where?	It is best to start SSR drafting 3 to 3.5 months before study expiry to ensure ample time for collection of information and submit via ECOS a completed SSR at least 4-6 weeks before the study approval period ends (as indicated in the approval letter of the study) for review by the IRB secretariat.
How?	<ul style="list-style-type: none">▪ Send a calendar invite to key personnel(s) for when to start drafting SSR and ensure the PI is available to submit the form.▪ Reach out to other sites (if applicable) to input the information in the SSR.▪ After submission of SSR to do continuous checks to ensure that all queries raised are answered timely to ensure successful submission.▪ If the above conditions were met and the approval is not granted close to the expiry date, do contact the IRB to check.

Reference: NHG Investigator Manual Chapter 3.3.4 – Communications with DSRB, 4.6 – Continuing Review, 4.6.1 – Supporting documents for continuing review, 4.6.4 – Criteria for Continuing Review

Additional reading: NHG Investigator Manual Chapter 4.9 – Changes in Study Status, NHG Proper Conduct of Research SOP 501-B0

Article Contributed By: Edmund Yew Kin Choong, Clinical Research Coordinator & Mellisa Low, Senior Clinical Research Coordinator, TTSH CRIO-CTU
Edited By: NHG Group Research & Innovation, OHRPP

**Disclaimer: All characters appearing in this article are fictitious. Any resemblance to real persons is purely coincidental. Best practices may differ between institutions. Readers are encouraged to follow their institution's policies/guidelines relating to the above scenarios/case study.*